

# Alzheimer's Caregiving at Home

A FIVE-PART WORKSHOP PLANNING KIT

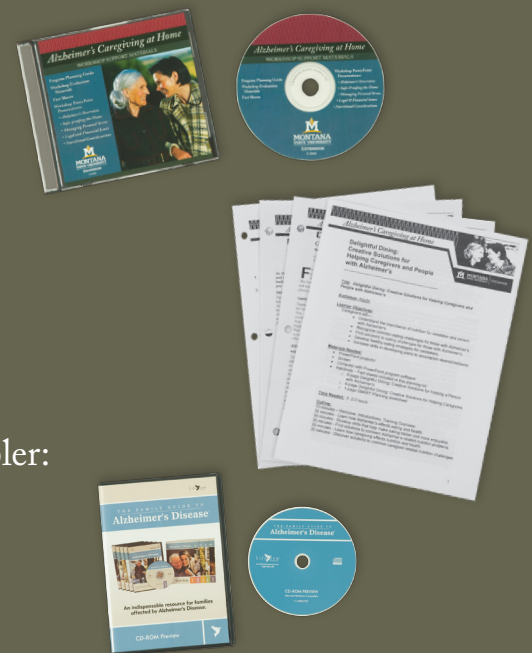


## Alzheimer's Disease

Alzheimer's disease knows no boundaries. All communities face the challenges of caring for families needing support and guidance. As the number of people suffering from or caring for someone with Alzheimer's grows, the need for information on caregiving increases. This workshop planning kit is designed to provide educators and health care providers with successful presentation tools and resources to conduct workshops for non-professional individuals providing informal, at-home caregiving.

## Workshop Kit Contents

- Lessons
  - Program Overview
  - Overview of Alzheimer's Disease
  - Legal & Financial Issues for Caregivers
  - Safe-Proofing Your Home for Extended At-Home Caregiving
  - Delightful Dining: Creative Solutions
  - Put the Mask on Yourself: Managing Personal Stress
- 5 PowerPoint Presentations with workshop lesson plans
- 16 Participant fact sheets
- Directory of Alzheimer's support resources
- "Family Guide to Alzheimer's Disease"™ video/DVD sampler:
  - Understanding Alzheimer's
  - Behavior issues
  - Daily life
  - Family caregiving
  - Transitions
- "Protecting Your Retirement & other Financial Information for Family Caregivers: What Every Adult Child Should Know" video/CD
- Workshop Evaluation Forms



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