Healthy Housing for Older Adults:
Housing as a Platform for Community Health Systems

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Why SASH?
Seniors Aren’t Going Anywhere

- Preference to stay at home
- Lack of care setting alternatives
- Lack of production of affordable housing
- Fair Housing Protections
Spending Mismatch: Health Care and Other Key Determinants of Health

Determinants
- Access to Care: 10%
- Genetics: 20%
- Environment: 20%
- Healthy Behaviors: 50%
- Other: 8%

National Health Expenditures $2.6 Trillion

Medical Services 88%

Source: NEHI. 2012.
Behavior Begins at Home
Reaching the Highest Need

Social Circumstances and Health

• Starting with HUD assisted housing makes sense

• Build out from there.....
Housing is an Existing Decentralized Network

The solution:
Target existing sites with high needs;
Build a strong infrastructure;
Use that platform to reach community dwellers.
SASH: A Team Effort
Core Elements

- Uniform Assessment
- Shared Care Plan
- Centralized Database
- Evidence Based Practices
- Prevention
Systems Change

- Panels/Population Health
- Capitated Payments/Global Budget
- Flexible funding
- No Discharge
- Budget Neutral
- Scale
- Agnostic Model

National Center for HEALTHY HOUSING
SASH Panels by County

Chittenden
- Burlington Community
- Cathedral Square Senior Living, Burlington
- Champlain Apt/South Square, No Champlain St, Burlington
- Decker Towers, St. Paul Street, Burlington
- Grand Way Commons, So Burlington
- Heineberg, Heinberg Road, Burlington
- Holy Cross, Colchester
- Jeri Hill, Jericho
- Kelly’s Field - Hinesburg
- McAuley Square, Mansfield Ave, Burlington
- Meadowlaine, Milton
- Old North End Community
- Richmond Terrace, Richmond
- Ruggles House, Mansfield Ave, Burlington
- Thayer, North Ave, Burlington
- Town Meadow, Carmichael, Essex Junction
- Whitcomb Woods/Terrace, West St., Essex Jct
- Whitney Hill, Williston
- Williston Community
- Winooski Housing Authority (Courtyard)
- Wright House, Shelburne

Addison
- Bristol
- Middlebury Commons
- Shoreham/Orwell
- Vergennes

Franklin
- Fourwinds – St. Albans
- Meadowlaine, St. Albans, Swanton
- Swanton School

Orleans
- Barton/Olins
- Newport/Derby

Essex
- Island Pond
- Passumpsc/Darling, Concord

Lamoille
- Morrisville Jeffersville

Caledonia
- Passumpsc/Darling, Lyndonville
- St. Johnsbury Community

Washington
- Evergreen/Mad River, Waitsfield
- Montpelier
- North Barre Manor, Barre
- Northfield
- Tilden House/Jefferson Apts, Barre
- Washington/Avery/Quarry Hill, Barre

Orange
- Orange East/Groton
- Randolph

Windsor
- Huber/Maples, Springfield
- Upper Valley, Hartford
- Whitcomb Building, Springfield
- Windsor village, Windsor

Windham
- Brattleboro

Bennington
- Brookside/Community, Bennington
- Cora B Whitney, Bennington
- Deerfield Valley, Bennington
- Northfield, Manchester
- Walloomsac Apts, Bennington

Statewide Systems
What’s Next: Building on the Platform

- Tele-health
- Adding new interventions
- Build workforce
- Getting systems change models to scale nationally
HUD Supportive Services Demo

• 40 intervention sites/40 control sites

• $15M: 5 years
  
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Building a System

• Continual team support vs episodic care
• Population health AND individual targeting
• Wherever a person calls home
• Services come to seniors
• Cost efficient AND better care
• Build a system that starts by addressing people’s needs
Contact Information

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www.SASHVT.org
www.nchh.org/program/olderadults.aspx

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