Hazardous conditions found in unsafe housing can lead to lead poisoning, asthma and other respiratory illnesses, cancer, and unintentional injuries or death, resulting in poor school attendance and performance for children, missed workdays for parents, and the loss of loved ones for all. These hazards and their health impacts disproportionately affect communities of color and low-income communities, making the need for healthy housing a significant environmental and racial justice issue. The COVID-19 pandemic has revealed, urgently, our need for safer, healthier, and affordable housing: The increased time spent at home and challenges to healthy housing service delivery have not only affected health negatively but also displayed—in sharp contrast—the longstanding crisis of inequitable access to quality housing and healthcare. In addition, climate change and the associated increase in both incidence and severity of extreme weather events are expanding the scope of policies contributing to healthy housing.

In Utah, 24% of children live in households with a high housing cost burden, and 10% of children live in poverty.

40% of Utah housing was built prior to 1978 and may contain lead-based paint. In several central Utah counties, more than 20% was built before 1950.

In 2019, 667 Utah children tested with blood lead levels at or above 3.5 µg/dL; 152 of them had blood lead levels above 5 µg/dL.

Almost 11% of adults and over 6% of children have current asthma in Utah (2020).

There were 6,179 emergency department visits and 832 hospitalizations due to asthma in Utah in 2019, with total costs of $22.97 million and $14.38 million, respectively.

Over 20% of Utah households lack carbon monoxide detectors. In 2020, there were 302 unintentional carbon monoxide exposures reported to the Utah Poison Control Center.

Seven counties in eastern and central Utah have predicted average indoor radon levels above the EPA action level. Statewide, 27.2% of radon test results returned were above the action level (2021).

Every week, unintentional falls among Utahns over the age of 65 result in 200 emergency department visits, 63 hospitalizations, and three deaths. In 2020, 320 Utahns over the age of 65 died from unintentional falls.

CRITICAL FEDERAL FUNDING FOR HEALTHY HOUSING

A broad array of programs across the federal government support healthy housing activities and related efforts including increasing affordable housing, improving health outcomes, providing supportive services to families, improving energy efficiency, and identifying and addressing environmental hazards. Critical programs and services supporting crucial health and housing services in states and localities are outlined below; increasing appropriations allows new states to access funding and currently funded states to expand their programs.

Has UT received funding since 2020?

CDC’s:
- Childhood Lead Poisoning Prevention Program
- National Asthma Control Program
- Environmental Health Tracking Network

HUD’s:
- Office of Lead Hazard Control and Healthy Homes

EPA’s:
- Lead Categorical Grants
- State Indoor Radon Grants
- Environmental Justice Grants

DOE’s:
- Weatherization Assistance Program

For more information on these programs and their impacts, as well as many others available to support healthy housing efforts, refer to NCHH’s Agency Fact Sheets.

December 2022. For references, additional state-specific healthy homes information, and to learn how you can engage your members of Congress on these vital issues...

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